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Durable Medical Equipment Face-to-Face Encounter Requirement, Affordable Care Act (ACA) Provision Fact Sheet

MaineCare will propose policy to require a face-to-face encounter before allowing reimbursement for Durable Medical Equipment.

Per the Affordable Care Act...

What is a face-to-face encounter?

It is a mandatory encounter (either an office visit or an encounter through a telehealth system as defined below) between the member and the prescribing practitioner. It applies to Durable Medical Equipment (DME), but not to supplies.

Who must provide a face-to-face encounter?

The prescribing physician, physician assistant, nurse practitioner or clinical nurse specialist

When does a face-to-face encounter need to take place?

Within six months preceding a written order for DME.

Why is this required?

This requirement has become effective on January 1, 2011, as a provision of the Health Care Reform Bill (Affordable Care Act. § 6407¹).

Will it be included in the MaineCare Benefits Manual, Section 60-Durable Medical Equipment and Supplies policy?

Yes, MaineCare is proposing a change to policy which will follow the federal definitions. They are:

Face-to-face encounter is a mandatory encounter (including encounters through a telehealth system) between the member and his/her physician, physician assistant, nurse Practioner or clinical nurse specialist that takes place six (6) months preceding a written order for durable medical equipment is given.

Telehealth is an interactive communication where medical information is exchanged from one site to another via electronic communications to improve a patient's health. In order to be considered telehealth the communication must include: audio <u>and</u> video equipment permitting two-way, real time interactive communication between the patient, and the physician or

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practitioner at the distant site. The use of telephone calls, emails, images transmitted via facsimile machines and text messages without visualization of the patient <u>are not</u> considered interactive communication.

**Notwithstanding, Telehealth as it is included in Chapter 1 of the MaineCare Benefits Manual.

Currently, Centers for Medicare & Medicaid Services (CMS) has not published any federal regulations surrounding the implementation or requirements of this provision other than the definition included in the Affordable Care Act (ACA).

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